



## Welch's Reduced Sugar Jelly and Spread

With Welch's Reduced Sugar Jelly and Spread families can enjoy a delicious bold fruit taste with half the sugar and calories of regular Welch's Jelly.

Welch's Reduced Sugar Jelly and Spread:

- Deliver 50% less sugar and calories than regular Welch's Grape Jelly and Strawberry Spread.
- Are made with 100% North American grown fruit—our very own Concord Grapes or sweet, ripe strawberries—for great taste.
- Contain no artificial sweeteners or high-fructose corn syrup.
- Make a great alternative to regular jams and jellies for PB&Js, breakfast, snacks, or in your favorite recipe.
- Come in a convenient, easy-to-use squeeze container.

Product Comparison Per Serving Size		
	Sugar	Calories
Reduced Sugar Jelly/Spread	5g	20
Regular	13g	50

### Reduced Sugar Grape Jelly

Nutrition Facts	
Serving Size: 1 tbsp (17g)	
Servings Per Container: 31	
Amount Per Serving	
<b>Calories</b> 20	
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carb</b> 5g	<b>2%</b>
<b>Sugar</b> 5g	
<b>Protein</b> 0g	
*Percent Daily Values are based on a 2,000 calorie diet.	

### Reduced Sugar Strawberry Spread

Nutrition Facts	
Serving Size: 1 tbsp (17g)	
Servings Per Container: 31	
Amount Per Serving	
<b>Calories</b> 20	
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carb</b> 5g	<b>2%</b>
<b>Sugar</b> 5g	
<b>Protein</b> 0g	
*Percent Daily Values are based on a 2,000 calorie diet.	